arrowhead Pool



PRE-SEASON HOURS:

May 23-25 Noon-5 p.m.

Children (2.17 v		IISSIONS FEE	~
	•		
Adult (18-54 yrs)			\$2.25
Senior (55 yrs+).			\$1.25
		y of 4 * (valid Marc s	
	•		
	•	20 punches	
	•		
Punch Passes*	5 punches	20 punches	30 punches

ARROWHEAD POOL SWIM LESSONS

PLEASE SEE PAGE 21 FOR COURSE DESCRIPTIONS



FR					ay / Wedi March 22					ing: Mare			015
25-minute classes 50-minute classes													
Parent- Infant	Parent- Toddler	Tadpole	Shrimp	Duck	Seahorse	Otter	Turtle	Frog	Fish	Porpoise	Marlin	Surfer	Teen/Adult Beginner
	5 p.m.	5 p.m.	5 p.m.	5 p.m.	5 p.m.	5 p.m.	5 p.m.	5 p.m.	5 p.m.			5 p.m.	
5:30 p.m.		5:30 p.m.	5:30 p.m.	5:30 p.m.									
		6 p.m.	6 p.m.	6 p.m.	6 p.m.	6 p.m.	6 p.m.	6 p.m.		6 p.m.			6 p.m.
	6:30 p.m. 6:30 p.m. 6:30 p.m.												
				Weekday cl	asses meet M	Ionday Wed	nesday and	Friday for six	(6) classes				

										: April 2		•	
	Resi	dent Regis	stration: F	ebruary 7	' - April 19	, 2015 N	Non-reside	ent Regist	ration: Fe	ebruary 13	- April 19	, 2015	
Res	Resident \$23.55 Non-resident \$32.55 Resident \$31.55 Non-resident \$42.55												
25-minute classes 50-minute classes													
Parent- Infant	Parent- Toddler	Tadpole	Shrimp	Duck	Seahorse	Otter	Turtle	Frog	Fish	Porpoise	Marlin	Surfer	Teen/Adult Beginner
	5 p.m.	5 p.m.	5 p.m.	5 p.m.	5 p.m.	5 p.m.			5 p.m.				
5:30 p.m.			5:30 p.m.	5:30 p.m.									
		6 p.m.	6 p.m.	6 p.m.	6 p.m.		6 p.m.			6 p.m.	6 p.m.		
	6:30 p.m. 6:30 p.m. 6:30 p.m.												
				Weekday cl	asses meet N	londav. Wed	nesdav. and	Fridav for six	(6) classes	-			

								ing: May					
	Res	sident Re	gistration:	February	7 - May 1	, 2015 N	Non-reside	ent Registi	ration: Fe	bruary 13	- May 1, 2	015	
Re	sident \$17.	55 Non-r	esident \$23	.55			Re	sident \$25.	55 Non-r	esident \$34	.55		
	25-minute classes							50·	-minute clas	ses			
Parent- Infant	Parent- Toddler	Tadpole	Shrimp	Duck	Seahorse	Otter	Turtle	Frog	Fish	Porpoise	Marlin	Surfer	Teen/Adult Beginner
		9:30 a.m.	9:30 a.m.	9:30 a.m.	9:30 a.m.	9:30 a.m.	9:30 a.m.	9:30 a.m.	9:30 a.m.			9:30 a.m.	9:30 a.m.
10 a.m.		10 a.m.	10 a.m.	10 a.m.									
	10:30 a.m.	10:30 a.m.	10:30 a.m.	10:30 a.m.	10:30 a.m.	10:30 a.m.	10:30 a.m.	10:30 a.m.		10:30 a.m.			10:30 a.m.
	11 a.m. 11 a.m. 11 a.m.												
					Saturday	classes meet	t for four (4) S	Saturdays					

CLasses **Programs** at arrowhead Pool

YOUTH STROKE DEVELOPMENT

Youth Stroke Development is designed to help participants improve their strokes and provide a basic understanding of swimming with a team. Instructors will provide fitness swimming workouts and drills to prepare swimmers for a recreation swim team. Participants ages 6-8 must be able to swim continuously for 25 yards of freestyle with rotary breathing and 25 yards of backstroke. Participants ages 9-18 must be able to swim continuously for 50 yards of freestyle with rotary breathing and 50 yards of backstroke. It is highly recommended that participants have an American Red Cross swimming ability equivalent to the completion our Fish class or can perform with some proficiency the following strokes: freestyle, backstroke, and breaststroke.

Resident fee: \$31 Non-resident fee: \$42 Freestyle, Backstroke, Starts & Turns

NOTE:

Tu/Th 4/7-4/23 5-5:50 p.m. 6-8 yrs Tu/Th 4/7-4/23 6-6:50 p.m. 9-18 yrs

Freestyle, Backstroke, Butterfly, Starts & Turns Tu/Th 5/5-5/21 5-5:50 p.m.

Tu/Th 5/5-5/21 5-5:50 p.m.
Tu/Th 5/5-5/21 6-6:50 p.m.

Phones at all City pools will only be answered when the facility is open to the public.



6-8 yrs

9-18 yrs

Hamilton aquatic center

Promotes Fitness



FREE May 10 - Mother's Day: Free admission for Moms

PRE-SEASON HOURS:

March 7, 9-14, 16-21 May 2-3, 9-10, 16-17, 23-25 Noon-5 p.m. Noon-5 p.m.

Children (2-17 yr	s)		\$1
Adult (18-	54 yrs).			\$2.25
Senior (55	yrs+)			\$1.25
Family Se	ason P	ass for Family	y of 4* (valid Marc	ch-Nov.) \$112
			y of 4 * (valid Marc 's	
*Addit	ional fa	amily member		\$15
*Addit	ional fa	amily member	s	\$15

HAMILTON AQUATIC CENTER SWIM LESSONS

PLEASE SEE PAGE 21 FOR COURSE DESCRIPTIONS

		W	INTER S	ESSION	2 - Satu	rday Mo	rning: Fe	bruary 2	21 - Marc	ch 14, 20°	15	V	
	**** R	egistratio	on for thi	s session	began in	Novemb	er. Open	ings may	be limite	ed, so reg	ister NO	N ****	
	Res	ident Regi	stration:	Nov 1, 20	14 - Feb 20), 2015	Non-reside	ent Regist	ration: No	ov 7, 2014	- Feb 20, 2	2015	
Re	sident \$17.	55 Non-re	esident \$23	3.55			Re	sident \$25.	55 Non-r	resident \$34	.55		
25-minute classes 50-min						-minute clas	ses						
Parent- Infant	Parent- Toddler	Tadpole	Shrimp	Duck	Seahorse	Otter	Turtle	Frog	Fish	Porpoise	Marlin	Surfer	Teen/Adult Beginner
	9 a.m.		9 a.m.		9 a.m.	9 a.m.	9 a.m.		9 a.m.				
9:30 a.m.				9 30 Li l.									
		10 a.m.	FI VELT		KULL	10 a.m.		10 a.m.				10 a.m.	
	10:30 a.m.			10:30 a.m.									
	RUGA 11 a.m. 11 a.m. 11 a.m. 11 a.m. 11 a.m.								11 a.m.				
		11:30 a.m.	•				t for four (4) S						

			SPRING	SESSIC	N 3 - Sa	turday N	lorning:	March 2	8 - April	18, 2015			
	Resid	ent Regist	ration: Fe	bruary 7 -	March 27	, 2015 N	lon-reside	nt Regist	ration: Fe	bruary 13	March 27	7, 2015	
Re	sident \$17.	55 Non-r	esident \$23	3.55		Resident \$25.55 Non-resident \$34.55							
25-minute classes								50)-minute clas	ses			
Parent- Infant	Parent- Toddler	Tadpole	Shrimp	Duck	Seahorse	Otter	Turtle	Frog	Fish	Porpoise	Marlin	Surfer	Teen/Adult Beginner
	9 a.m.	9 a.m.			9 a.m.		9 a.m.	9 a.m.					9 a.m.
9:30 a.m.				9:30 a.m.									
			10 a.m.	10 a.m.	10 a.m.	10 a.m.			10 a.m.	10 a.m.			
		10:30 a.m.	10:30 a.m.										
11 a.m.		11 a.m.	11 a.m.	11 a.m.	11 a.m. 11 a.m.								
	11:30 a.m.	11:30 a.m.	11:30 a.m.	11:30 a.m.									
					Saturday	classes mee	t for four (4) S	Saturdays					

SF	PRING SESSION 4 - Tues	day / Thursday - Weekday	y Evening: March 31 - Ap	ril 16, 2015					
Resid	Resident Registration: February 7 - March 30, 2015 Non-resident Registration: February 13 - March 30, 2015								
Semi-Private Lessons	Level A	Level B	Level C	Decidents 654 55 / coories					
45-minute	5 p.m.	5 p.m.		Resident: \$51.55 / session Non-resident: \$69.55 / session					
classes 6 p.m. 6 p.m.									
	Week	day classes meet Tuesday and Thursday	y for six (6) classes						

	SPRING SESSION 5 - Tue	sday / Thursday - Weekd	ay Evening: April 21 - Ma	ny 7, 2015				
Resi	Resident Registration: February 7 - April 20, 2015 Non-resident Registration: February 13 - April 20, 2015							
Semi-Private Lessons	Level A	Level B	Level C	Resident: \$51.55 / session				
45-minute	5 p.m.	5 p.m.		Non-resident: \$69.55 / session				
classes	6 p.m.	6 p.m.		Hon-resident: \$60.007 50351011				
	Week	day classes meet Tuesday and Thursday	y for six (6) classes					

classes of Programs at Hamilton aquatic center

ADULT GROUP PRACTICE

Non-resident fee: \$42 Resident fee: \$31

Endurance - This coached practice will help participants improve their swimming endurance. Course sets will be designed to help improve times and increase stamina.

4/10-5/15 5:30-6:25 a.m. 16 yrs+ 16 yrs+ 5/22-6/26 5:30-6:25 a.m.

Refinement - This coached practice will help those seeking to improve their stroke technique and form. The instructor will work with participants to polish strokes; through this instruction, participants will be able to improve times

F 4/10-5/15 6:30-7:25 a.m. 1

16 yrs+ 5/22-6/26 6:30-7:25 a.m. 16 yrs+

SWIM PASS SALE - COMING THIS SPRING

FAMILY SEASON PASS SALE! Receive a 15% discount on a Family Season Pass for a family of four (4) when you purchase a Family Season Pass March 7-21. Only \$95 for admission to all six (6) aquatic centers from March-November 2015! Family Season Passes are available to Chandler residents only. Purchase the pass by visiting Hamilton or Mesquite Groves Aquatic Centers. Don't miss out on this special opportunity.

nozomi aquatic center



Pre-Season Hours:

May 2-3, 9-10, 16-17, 22-25

Noon-5 p.m.

Children (2-17 yr	s)		\$1
Adult (18-54 yrs)			\$2.25
Senior (55 yrs+).			\$1.25
Family Season F	Pass for Family	y of 4* (valid Marc	:h-Nov.) \$112
•		y of 4 * (valid Marc	,
*Additional fa	amily member	,	\$15
*Additional fa	amily member	s	\$15

NOZOMI AQUATIC CENTER SWIM LESSONS

PLEASE SEE PAGE 21 FOR COURSE DESCRIPTIONS

	n: Tuesday / Thurso							
	egins: Resident: Feb. 7 Non-re sident: \$51.55 / Non-resident: \$6							
Semi-Pri	Semi-Private Lessons: 45 minute classes							
Level A	Level B	Level C						
5 p.m.	5 p.m.	5 p.m.						
6 p.m.	6 p.m.	6 p.m.						
Spring S	Session: Saturday, N	lay 2 - 23						
o o	egins: Resident: Feb. 7 Non-re sident: \$29.55 / Non-resident: \$4							
Semi-Pri	Semi-Private Lessons: 45 minute classes							
Level A	Level A Level B Level C							
5 p.m.	5 p.m.	5 p.m.						
6 n m	6 n m	6 n m						

Classes & Programs at Nozomi Aquatic Center

AQUA FIT - DEEP

This 50 minute class uses deep water jogging and exercises to challenge and strengthen the entire body including the core. Class is held in 6-12 feet of water, in a vertical position, feet not touching the bottom to improve overall fitness. Flotation belts, noodles and other equipment are used but comfort in deep water is recommended.

Resident fee: \$35 Non-resident fee: \$48 Drop-in resident fee: \$5 Drop-in non-resident fee: \$7

M/W 4/27-5/20 6:30-7:20 p.m. 16 yrs+

mesquite groves aquatic center





5901 S. HILLCREST DR. • 480-782-2635/2636

Sundays • Noon-2 p.m. Family Swim

REF May 10 - Mother's Day: Free admission for Moms

PRE-SEASON HOURS:

Noon-5 p.m. March 7-8, 14-15, 21-22, 28-29 April 4, 11-12, 18-19, 26 Noon-5 p.m. 10 a.m.-7 p.m. March 10-13, 17-20 10 a.m.-1 p.m. March 24-27, 31-April 3 4 p.m.-7 p.m. 10 a.m.-1 p.m. April 7-10, 14-17, 21-24, 28-May 1 4 p.m.-7 p.m. May 2-3, 9-10, 16-17, 23-25 Noon-5 p.m. 10 a.m.-1 p.m. May 5-8, 12-15, 18-22 4 p.m.–7 p.m.••

- •Play structure only includes the SCS interactive play feature and zero depth area
- ••Play pool only includes the SCS interactive play feature and zero depth area, water vortex, water slides, and lazy river. The competition pool and diving boards will be CLOSED during these times.

Important Closure Notes: Mesquite Groves will not be open on Sunday, 4/5 for the Easter holiday and Saturday, 4/25 for Staff Training

View monthly calendar online at www.chandleraz.gov/aquatics.

DAILY ADMISSIONS FEES

				_
Childre	en (2-17 yr	s)		\$1
Adult (18-54 yrs).			\$2.25
			y of 4* (valid Marc	
*Ad	ditional fa	amily member	s	\$15
Punch	Passes*	5 punches	20 punches	30 punches
Child		\$2.50	\$10	\$15
Adult		\$7.50	\$30	\$45
			for Chandler reside	
	proof of	residency require	ed at time of purchas	se. SALEI

Classes & Programs at Mesquite Groves Page

YOUTH STROKE DEVELOPMENT

Youth Stroke Development is designed to help participants improve their strokes and provide a basic understanding of swimming with a team. Instructors will provide fitness swimming workouts and drills to prepare swimmers for a recreational swim team.

Resident fee: \$31 Non-resident fee: \$42

Freestyle, Backstroke, Starts & Turns

Tu/Th 2/17-3/5 5-5:50 p.m. 8-18 yrs

ADULT STROKE DEVELOPMENT

Instructors will work with participants to perfect their stroke technique, swim longer distances, and improve performance.

Resident fee: \$31 Non-resident fee: \$42

Tu/Th 2/17-3/5 6-6:50 p.m. 16 yrs+

AQUA FIT - DEEP

This class uses deep water jogging and exercises to challenge and strengthen the entire body. Class is held in 6-12 feet of water, in a vertical position, feet not touching the bottom to improve overall fitness. Flotation belts, noodles and other equipment are used but comfort in deep water is recommended.

Resident fee: \$35 Non-resident fee: \$48

Drop-in resident fee	: \$5	Drop-in non-res	ident fee: \$7
Tu/Th	3/3-3/26	7-7:50 p.m.	16 yrs+
Tu/Th	3/31-4/23	7-7:50 p.m.	16 yrs+
Tu/Th	4/28-5/21	7-7:50 p.m.	16 yrs+

MESQUITE GROVES AQUATIC CENTER SWIM LESSONS

PLEASE SEE PAGE 21 FOR COURSE DESCRIPTIONS

WINTER SESSION 2 - Saturday Morning: February 21 - March 14, 2015 **** Registration for this session began in November. Openings may be limited, so register NOW ****
Resident Registration: Nov 1, 2014 - Feb 20, 2015 | Non-resident Registration: Nov 7, 2014- Feb 20, 2015 Resident \$25.55 | Non-resident \$34.55 - 25-minute classes 50-m ute classes Frog Tadpole Shrimp Duck Seahorse Otter Turtle Fish Porpoise Marlin Surfer 9 a.m. 9 a.m. 9 a.m. 9 a.m 9 a.m. 9:30 a.m. 9:30 a.m 10 a.m. 10 a.m 10 a.m. 10 a.m 10 a.m. 10:30 a.m 11 a.m. 11 a.m 11 a.m 11:30 a.m. Level B Level C \$29.55 per session 45-minute Non-resident: i (la Ln L EU bil Saturday classes meet for four (4) Saturdays

SPRING SESSION 2 - Tuesday / Thursday - Evening: March 10 - 26, 2015									
Resident Registration: February 7 - March 19, 2015 Non-resident Registration: February 13 - March 9, 2015									
Semi-Private Lessons	Level A	Level B	Level C	Res: \$51.55 / sess					
45-minute	5 p.m.	5 p.m.	5 p.m.	Non-rest: \$69.55 / sess					
classes	6 p.m.	6 p.m.	6 p.m.	14011-1631. \$00.557 3633					
Weekday classes meet on Tuesday and Thursday for six (6) classes									

SPRING SESSION 3 - Saturday Morning: March 28 - April 18, 2015												
	Resident Registration: February 7 - March 27, 2015 Non-resident Registration: February 13 - March 27, 2015											
Resident \$17.55 Non-resident \$23.55 Resident \$25.55 Non-res								Non-resid	lent \$34.55			
	25	-minute clas	ses					50-minu	ıte classes			
Parent- Infant	Parent- Toddler	Tadpole	Shrimp	Duck	Seahorse Otter Turtle Frog Fish Porpoise Marlin						Surfer	
		9 a.m.	9 a.m.	9 a.m.	9 a.m.			9 a.m.		9 a.m.		
		9:30 a.m.	9:30 a.m.	9:30 a.m.								
		10 a.m.				10 a.m.	10 a.m.		10 a.m.		10 a.m.	10 a.m.
	10:30 a.m.											
				11 a.m.	11 a.m.	11 a.m.		11 a.m.	11 a.m.	11 a.m.		
	11:30 a.m.											
	Saturday classes meet for four (4) Saturdays											

SPRING SESSION 4 - Tuesday / Thursday - Weekday Evening: March 31 - April 16, 2015												
Resident Registration: February 7 - March 30, 2015 Non-resident Registration: February 13 - March 30, 2015												
Resident \$23.55 Non-resident \$2.55 Resident \$31.55 Non-resident \$42.55												
	25-minute classes 50-minute classes											
Parent- Infant	Parent- Toddler	Tadpole	Shrimp	Duck	Seahorse	Otter	Turtle	Frog	Fish	Porpoise	Marlin	Surfer
		5 p.m.		5 p.m.	5 p.m.	5 p.m.		5 p.m.		5 p.m.		
			5:30 p.m.	5:30 p.m.								
				6 p.m.	6 p.m.	6 p.m.	6 p.m.		6 p.m.		6 p.m.	
	6:30 p.m.											
Weekday classes meet Tuesday and Thursday for six (6) classes												

	SPRING SESSION 5 - Tuesday / Thursday - Weekday Evening: April 28 - May 14, 2015											
	Resident Registration: February 7 - April 27, 2015 Non-resident Registration: February 13 - April 27, 2015											
Res	Resident \$23.55 Non-resident \$32.55 Resident \$31.55 Non-resident \$42.55											
Parent- Infant	Parent- Toddler	Tadpole	Shrimp	Duck	Seahorse	Seahorse Otter Turtle Frog Fish Porpoise Marlin Surfer						
		5 p.m.		5 p.m.	5 p.m.	5 p.m.		5 p.m.		5 p.m.		
		5:30 p.m.	5:30 p.m.									
				6 p.m.	6 p.m.	6 p.m.	6 p.m.		6 p.m.		6 p.m.	
	6:30 p.m.											
	Weekday classes meet Tuesday and Thursday for six (6) classes											

classes === Programs at mesquite groves aquatic center (con't)

LEARN TO DIVE & ADVANCED SPRINGBOARD DIVING

Learn the positions and fundamentals of springboard diving in a fun and safe environment. The Learn to Dive class will focus on basic boardwork technique, entry work, and skill development on a one-meter diving board - no prerequisites. The Advanced Springboard Diving class is for diving students who have already completed a series of introductory diving lessons. Divers will learn back, inward, reverse, and twisting/flipping dives on a one-meter diving board. Advanced Class Prerequisite: Must be able to perform a hurdle, tuck, and pike dive.

*USA Diving fee must be paid BEFORE the first day of class to participate. Complete your membership application online at https://webpoint.usadiving.org/wp/Memberships/ Join.wp and select "Limited Athlete Membership." Please submit a copy of your completed membership directly to the instructor Rachel Herpin at rachel.herpin@me.com. This limited membership is valid for one year and only needs to be purchased once.

Promotes

Fitness!

Learn to Dive	Tu/Th	2/17-3/5	5-6 p.m.	8-18 yrs
Advanced	Tu/Th	2/17-3/5	6-7 p.m.	12 yrs+
Learn to Dive	Sa	2/21-3/14	9-10 a.m.	8-18 yrs
Advanced	Sa	2/21-3/14	10 a.mnoon	12 yrs+
Learn to Dive	Tu-F	3/17-20	8-9 a.m.	8-18 yrs
Advanced	Tu-F	3/17-20	9-10 a.m.	12 yrs+
Learn to Dive	Tu/Th	3/28-4/18	9-10 a.m.	8-18 yrs
Advanced	Tu/Th	3/28-4/18	10 a.mnoon	12 yrs+
Learn to Dive	Tu/Th	3/31-4/16	5-6 p.m.	8-18 yrs
Advanced	Tu/Th	3/31-4/16	6-7 p.m.	12 yrs+
Learn to Dive	Tu/Th	4/28-5/14	5-6 p.m.	8-18 yrs
Advanced	Tu/Th	4/28-5/14	6-7 p.m.	12 yrs+

FAMILY SEASON PASS SALE! Receive a 15% discount on a Family Season Pass for a family of four (4) when you purchase a Family Season Pass March 7-21. Only \$95 for admission to all six (6) aquatic centers from March-November 2015! Family Season Passes are available to Chandler residents only. Purchase the pass by visiting Hamilton or Mesquite Groves Aquatic Centers. Don't miss out on this special opportunity.